

Cowra High School

Newsletter

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Term 4 Issue 18 22nd November 2019



Principal

Helene Hamilton



Deputy Principals

Louise Rowston

Megan Robinson



Deputy Principal - Wellbeing

Anthony Hamer

Year 7 Advisor

Kathryn Keefe

Year 8 Advisor

Luke Le Page

Year 9 Advisor

Casey Brien

Year 10 Advisor

Megan Mackenzie

Year 11 Advisor

Di St Clair

Year 12 Advisor

Jill Dunk

Careers Advisor

Prue Williams

School Counsellor

Darrin Yates

Sport Co-Ordinator

Elizabeth Patingale

Student Representative

Council Leader

Kate Imrie

Principal's Message

Dear parents and members of our school community. As the weeks quickly wrap up for Term Four 2019 many staff and students continue to challenge their learning in and out of the classroom. The Higher School Certificate has officially concluded for this year and many of our Year 12 students have been successful with Early Entry offers, congratulations to you all. This is a reflection of student's tenacity in years 11 and 12, motivation and a thirst for success has been reflected believing in themselves and ensuring that all assessment work is composed to a high standard.

The Year 12 Graduation was an evening that showcased every student's educational journey from Years 7 to 12. The way all students dressed in formal attire was breathtaking reflecting self-pride and a celebration of a life time concluding an educational milestone. I would like to thank Mrs Carolyn Devery for organising the graduation with Mrs Dunk the Year 12 Student Advisor. A big thanks also to Ms Meg Robinson for preparing the awards and Mr Anthony Hamer as Master of Ceremonies. Well done to the Student Leadership Team who addressed the audience, sharing stories about high school, they were certainly entertaining. I look forward to watching your post school journey where I hope you all achieve your dreams.

Dance Force on Monday 11th November invited Cowra High Dancers to perform the effects of the drought explored conceptually through dance. This performance touches the hearts of many, given the hardships many Australians are suffering during this moment in time. Congratulations to you all showcasing your exceptional performance quality. Thank you to Mrs Alison Buckley and Mrs Prue Williams for supporting the dancers who performed at this event.

School Spectacular this year has given many Cowra High School students the opportunity to explore the city lifestyle as well as performing with other public education students across New South Wales. The school is very fortunate to have Mrs Alison Buckley recognised for her choreography talents and lead one of the shows segments. CHS also had four talented Aboriginal dancers who auditioned and were selected in the NSW Aboriginal Dance Company choreographed by Bangarra, the most out of all public schools. Five of our Aboriginal students were selected to perform as part of the Aboriginal Dance Ensemble. I had the privilege of watching the performance and was very proud to see many Cowra High School students as featured dancers in the Wizard of Oz. This opportunity would not be possible without the support from parents and teachers who have gone above and beyond to ensure students are at rehearsals and their wellbeing always looked after. A huge thank you Aunty Robyn Coffey, Mrs Casey Brien, Mr Damien Johnson, Mrs Kerrie Smith and Mrs Prue Williams. Your love and care of the Cowra High School students is very much appreciated and it is recognised as a week of rigour for all involved.

Congratulations to Cowra High School Visual Arts and Photography students who won a

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number of categories in the Up Start 2019 student only exhibition. The Artwork is on display at Cowra Regional Gallery until the 8th December. I would like to share with you the student award recipients:

WINNERS

Drawing Award

Alanna Bush, Year 12

Photography Award

Lowanna Murray - Year 10

Painting Award

Shiayn Newham - Gregg - Year 12

Year 10 overall Award

Lara George

Year 11 overall Award

Luke Wilson

Year 12 overall Award

Nicola Carter



This exhibition is an opportunity to view the HSC artworks for 2019 and the many talented students we have at Cowra High School from years 10, 11 and 12.

In conclusion I would like to share with you all that Mr Gauci has decided to return as Principal of Cowra High School at the beginning of 2020. I have enjoyed leading the school as principal in his absence. The amazing leadership team, staff and students I will miss tremendously, however, I will enjoy concluding the year and ensuring all students and staff are supported and organised with the 2020 school strategic direction.

Kind Regards

Helene Hamilton

R/Principal

Deputy Principal - Wellbeing Report

Another wonderful fortnight of wellbeing focus here at Cowra High School! I had the absolute pleasure of MC-ing the Year 12 Graduation evening at the Cowra Services club on Friday the 15th of November. It was a wonderful night of celebration as we acknowledged the achievements of the graduating class and the official end of their public schooling with us. It was great to see so many students in attendance, dressed to impress and happily sharing their stories of reflection and hopes for their futures with the large number of staff there to support them. A big thank you to Year Advisor Mrs Jill Dunk, Mrs Carolyn Devery and Ms Megan Robinson for all of their hard work in ensuring the evening was such a success. Many thanks also to the Cowra Services Club for being our host again this year; your ongoing support of the High School is indeed much appreciated and we look forward to many more evenings shared in your wonderful premises.

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Friday November 22nd we were pleased to again partner with the Cowra Domestic Violence action committee and host White Ribbon guest speaker Jay Little as part of his visit to Cowra in support of the White Ribbon campaign. Jay shared his story with our students and staff and gave us plenty to ponder as we continue to work towards raising awareness and combatting such an important issue that continues to impact too many rural communities such as ours.

This week we are hosting the Driver Simulator in partnership with the Rotary Club of Young where our Year 10 students will have the opportunity to increase their road safety and driving awareness.

With just under a month until the end of another school year, there is still a lot on the calendar for us to deliver to the students of Cowra High. I look forward to a busy end to the year and the opportunity to ensure the students of CHS lead into their summer break with a well earned rest.

Anthony Hamer

Deputy Principal

Wellbeing



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Keeping Up-To-Date

What's coming up?.....

NOVEMBER

25th Open Boys Cricket

28th Year 6 Whole Day Transition
Year6-7 Social 6.30pm

DECEMBER

5th Year 8 Wellbeing Day
Night Of Music

6th CWCAA Meeting

9-11th Kincumber Excursion - Year 9

12th Presentation Night - 7pm

18th Last Day for Students

JANUARY

28th School Development Day

29th Years 7, 11 & 12 Return to School

30th All Students Return to School

COWRA HIGH SCHOOL WEBSITE

The school website is constantly updated with new photos, calendar dates and information.

Visit

<https://cowra-h.schools.nsw.gov.au/>

to find photos and information about our wonderful school.

DAILY CANTEEN SPECIALS

Monday... Bacon and Egg Roll

Tuesday ... Nacho's

Wednesday... Chicken Gravy Roll

Thursday... Meatball Sub

Friday will change each week.

All Daily specials are \$5.00 each.



SO MANY WAYS TO KEEP UP TO DATE AT COWRA HIGH SCHOOL



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Learning in Support

What's happening in Learning Support?

New class names

Our Learning support classes are now known by letters of the Greek alphabet! We have *Alpha*, *Beta*, *Gamma*, *Omega*, *Delta* and our newest class is *Sigma*.

Gardening

Our Support garden is going from strength to strength. Our students enjoy planting, watering, mulching and weeding and get to enjoy the fresh produce!



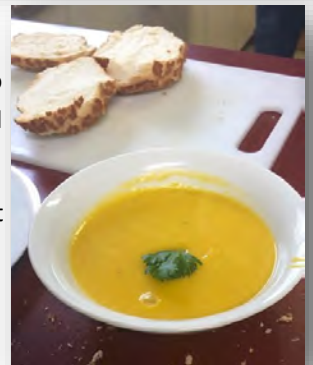
Our Students are encouraged to try something new and healthy.

We used our fresh garden lettuce for our delicious tacos and parsley to garnish our yummy pumpkin soup! We enjoyed making fresh carrot apple and garden green juice, so delicious and healthy.

Students in Delta have been growing succulents and anything we don't plant is being sold to raise money for new plants and garden tools etc.

Berries on the Menu

We look forward to tasting our new berries. Currently we are growing Mulberries, Raspberries, strawberries and some delicious native bush tucker berries called Midgen or Sand berries.



Earn and Learn

Support students got behind the "Earn and Learn" rewards program with great success!

Thank you to everyone that helped us to collect stickers. This year we earned 20 000 points and were able to redeem them for a worm farm, to help our garden and two Photon Robots!

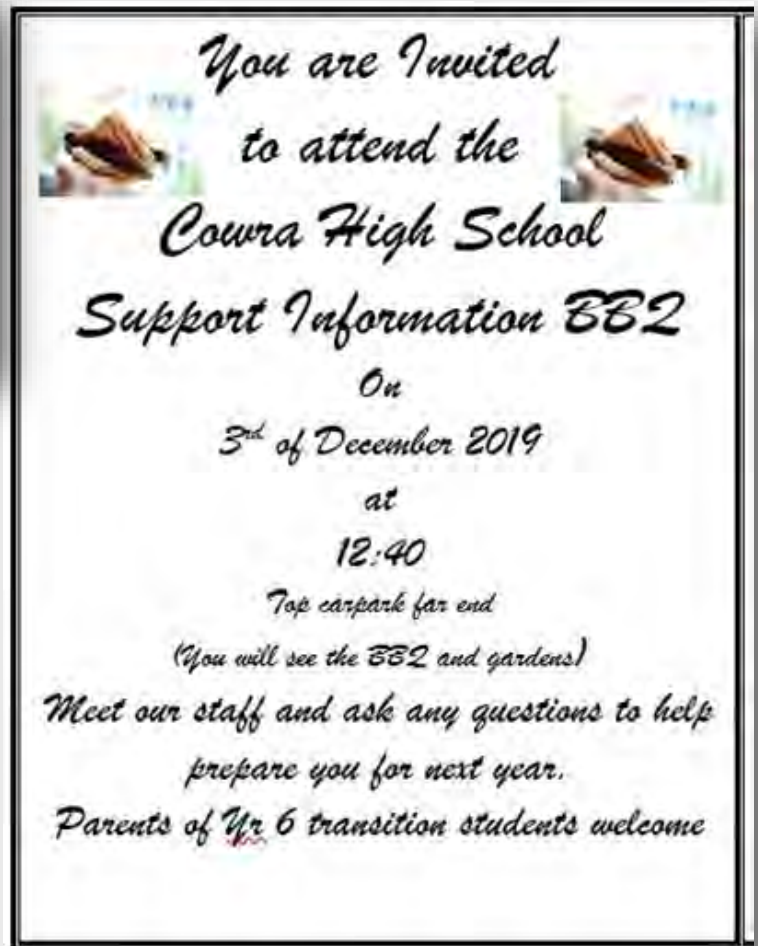


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Learning in Support



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All About The Learning Hub

Minimum Standards Testing Schedule – Year 10

Week 7	
Monday 25 th November	
Period 1	<ul style="list-style-type: none"> 10A Maths – Numeracy test 10B Maths – Numeracy test
Tuesday 26 th November	
Period 1	<ul style="list-style-type: none"> 10A English – Reading test 10B English – Reading test
Week 8	
Monday 2 nd December	
Period 2	<ul style="list-style-type: none"> 10 AES English – Reading test
Period 3	<ul style="list-style-type: none"> 10A English – Writing test 10B English – Writing test 10C English – Reading test
Tuesday 3 rd December	
Period 1	<ul style="list-style-type: none"> 10C Maths – Numeracy test
Period 3	<ul style="list-style-type: none"> 10 AES Maths – Numeracy test
Period 5	<ul style="list-style-type: none"> 10C English – Writing test
Thursday 5 th December	
Period 3	<ul style="list-style-type: none"> 10 AES English – Writing test
Friday 6 th December	
Periods 1-5	<ul style="list-style-type: none"> Year 10 – Catch up tests

Students need reading, writing and numeracy for everyday life after school

This is why students are being supported to meet a minimum standard of literacy and numeracy to receive the HSC from 2020.

ONLINE READING, WRITING AND NUMERACY TESTS

- ✓ To show they meet the HSC minimum standard, students need to achieve Level 3 or 4 in short online tests of skills for everyday life.
- ✓ Schools will help students to decide **when they are ready** to take each test.
- ✓ Students get **two chances a year** to sit each of the tests from Year 10 up to five years after starting their first HSC course.
- ✓ Students **do not need** to sit the reading, writing or numeracy test(s) if they achieved Band 8 or above in the respective 2017 Year 9 NAPLAN test(s).

PROVISIONS AND EXEMPTIONS

Provisions for the minimum standard tests are available for some students with disability. Some students with a disability studying Life Skills courses may be exempt from meeting the minimum standard to receive their Higher School Certificate testamur.

FIND OUT MORE NSW Education Standards Authority
educationstandards.nsw.edu.au/HSCminimumstandard
[@NewKATNESA](https://twitter.com/NewKATNESA)



IF YOU HAVE ANY CONCERNS OR QUESTIONS CONTACT MRS KERRIE SMITH OR MRS CASEY BRIEN

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Cowra High School's Amazing Students



This year's Schools Spectacular '**STARS**' saw 31 students from Cowra High School performing in various segments of the biggest public school event of the year at Qudos Bank Arena. The event had over 5000 students from across the state dancing, singing, acting and performing for audience members in a SPECTACULAR event.

Cowra High School combined dance team had 22 dancers in segment 4 '**The Wizard of Oz**'. This segment was the regional segment of the Schools Spectacular where students from as far as Kingscliff, Nyngan, Orange, Bathurst, Cowra, Lithgow, Coffs

Harbour, Inverall, Forster, Maitland, Armidale, Wagga Wagga, Leeton, Albury, Dunedoo and Gulgong were involved in the segment marking 80 years of '**The Wizard of Oz**'. Mrs Buckley was one of three choreographers for this segment along with Kathryn Fisher (Wagga Wagga High School) and Kirbi Master (Callaghan College). The choreographers have been travelling throughout early term 4 to teach and create the entire segment only coming together for the first time in Sydney the Wednesday before the show. A full rehearsal day on the Wednesday and then into the technical rehearsal and dress rehearsal on the Thursday to then WOW audiences on the Friday and Saturday over four performances. Nicola Carter (year12) was lucky enough to audition successfully for the Featured dancer's role as Dorothy. This was a very competitive audition process and a very special outcome for Nicola, Mrs Buckley and the entire dance team. Congratulations to our dance team Allie Mehluish (7), Mille Hampton (7), Lilly Smith (7), Kaili Buckley (7), Georgia Williams (7), Bridies Smith (7), Izzy Thompson (7), Keira Buckley (8), Emma Clements (8), Jacqueline Long (8), Mollie Thompson (9), Lucy Murray (9), Amelia Clements (9), Kate Rowston (10), Zara McKenzie (10), Zoe Budge (10), Nashwa Bakini (10), Amy Gruessing (10), Maddy Stone (10), Ashleigh Saunders (11), Erika Sullivan (12) and Nicola Carter (12).

The Arts Unit are very supportive of the regional segment making it possible for the regional choreographers and dancers to create and learn in their hometowns. This brings down the cost of participation for the students and schools and allows a unique bond between regional schools and their students, which was highlighted in the four live performances last weekend. Mrs Buckley said "it is an unbelievable experience to receive the concept and music back in May and then start creating and designing the segment along with the other choreographers and see it unfold in such a spectacular fashion". "It is a very long process but definitely an extremely rewarding process, to share such excitement with our students is very special".

State Dance Ensemble members Keira Buckley, (8), Amelia Clements (9), Mollie Thompson (9) and Erkia Sullivan (12) were also involved in Segment 7 - Starts for Change choreographed by Allie Gunton of Nepean Performing Arts High School. These students were required to travel to Sydney the Sunday before the show and learn an entire segment on the Sunday and Monday to then perform on the Friday and Saturday live performances.

Nicola Carter was not only a featured dancer in **The Wizard of Oz** but also performed in the Contemporary, Jazz and Hip Hop segments as a featured dancer. This is an outstanding effort by a student to audition successfully, travel to and from Sydney to learn all the different routines whilst sitting her HSC examinations.

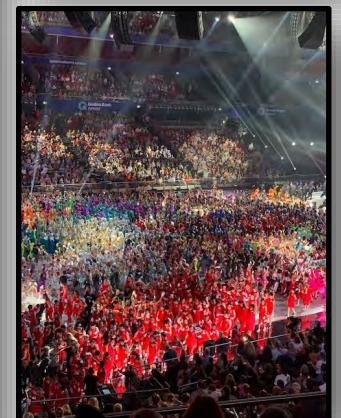
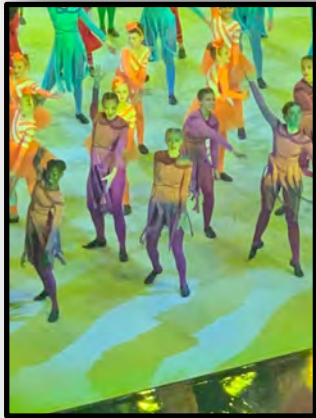
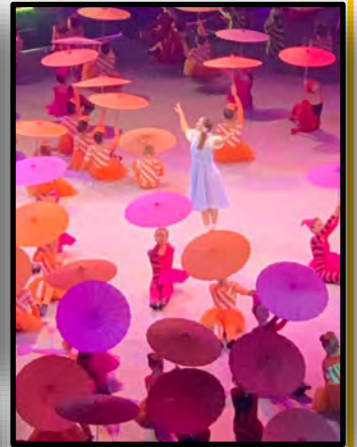
Nine Aboriginal students from Cowra High School attended this years School Spectacular also.

Ryan Carroll (9), Lowanna Murray (10), Bobby Jeffries (10) and Lucy Murray (9) were selected earlier in the year to perform in the Aboriginal Dance Company. They also performed in the Aboriginal Dance Ensemble alongside Tayah Burns (10), Bailey Beale (8), Gary Cheng (9), Keesha Williams (8) and Madeline Roe (10).

A great week was had by all and Aunty Robyn, Damien Johnson and Casey Brien are all extremely proud of the way each of the students represented their culture and their school at all times.



Cowra High School's Amazing Students

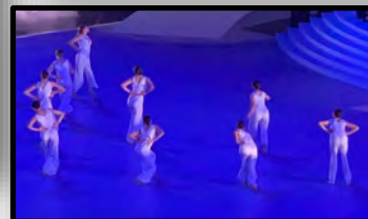
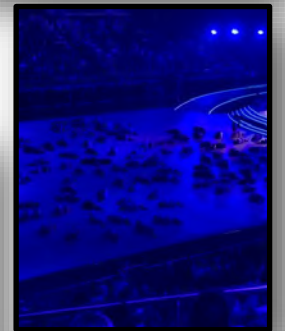


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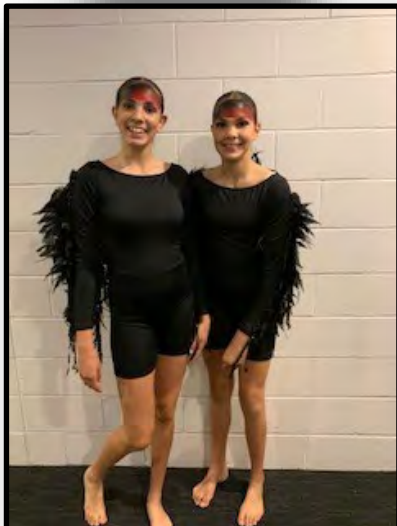
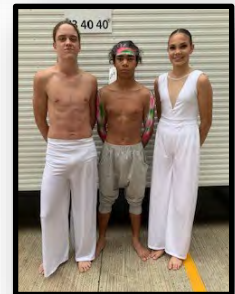


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Cowra High School's Amazing Students



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Cowra High School's Amazing Students

UpstART 2019 - Art exhibition

Congratulations to Cowra High School Visual Arts and Photography students who won a number of categories in the student only exhibition. The works are on display at Cowra Regional Gallery until the 8th December. This is a wonderful opportunity to view the HSC artworks for 2019 and the many talented students we have at Cowra High School from years 10, 11 and 12.



WINNERS

Drawing Award
Alanna Bush, Year 12

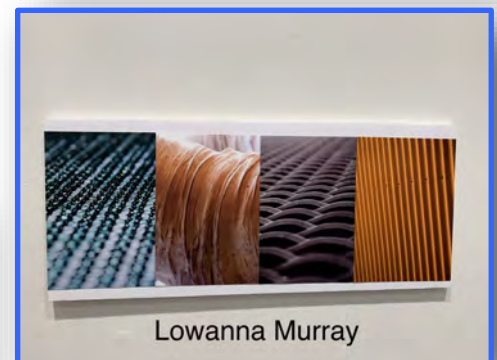
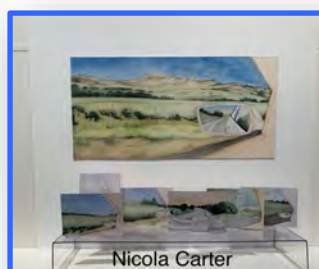
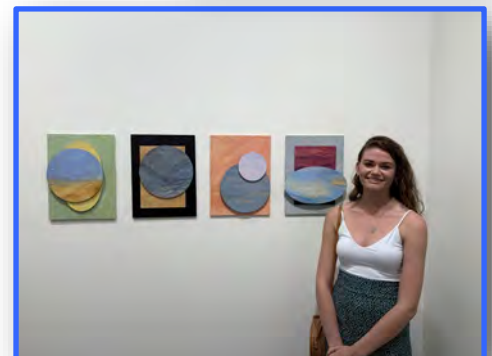
Photography Award
Lowanna Murray - Year 10

Painting Award
Shiayn Newham - Gregg - Year 12

Year 10 overall Award
Lara George

Year 11 overall Award
Luke Wilson

Year 12 overall Award
Nicola Carter



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Cowra High School's Amazing Students



Lion's Youth of the Year

On Tuesday 12th November, two Cowra High School students participated in the Cowra Lion's Youth of the Year competition at the Cowra Services Club.

To participate, Sean Smith (Year 11) and Sarah Wood (Year 10) were required to complete an application, attend a half hour interview in front of a panel of judges, answer two impromptu questions and present a prepared five minute speech on a topic of their choice. The impromptu questions and speech were presented during dinner at the club in front of a large audience.

The judges commented on how mature, committed, dedicated and passionate our students were. They represented Cowra High School responsibly and with much respect.

The challenging impromptu questions required an 'on the spot' response and students had a maximum of two minutes speaking time. The questions were:

If all electronic mediums were removed from the classroom, how would this impact your education?
How would you explain to a five year old that Santa is not real?

For the five minute prepared speech Sean spoke about the importance and impact of travel experiences and Sarah spoke about the impact of the drought on mental health.

El Roberts prepared and delivered an entertainment speech in front of the audience during dinner while the judges deliberated. His speech focused on animal extinction and climate change and captivated the audience.

Cowra High School is very proud of our representatives. Well done Sean, Sarah and El.



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Cowra High School's Amazing Students

CHIPS STUDENTS GRADUATE YEAR 12

On Friday 15th November, I had the pleasure of watching many students who had attended CHIPS Literacy and Numeracy Program in their junior years, take to the stage to accept their graduation certificates.

One of these students, Nicholas Horne, even accepting a reward for coming top of one of his subjects.

Students were chosen to attend CHIPS, for assistance in either numeracy or literacy, to assist them in their regular classes. Many simply lacked self confidence.

To watch these students overcome barriers, build the confidence, and stand proud to graduate from Cowra High School was a real high point in my career as a CHIPS SLSO at Cowra High.

Pictured are Mason Beath, who worked with Charlie Thompson on Numeracy and Blayd Almond, who worked with Cathy Ellis on Literacy.

Congratulations to all Year 12

Charlie Thompson

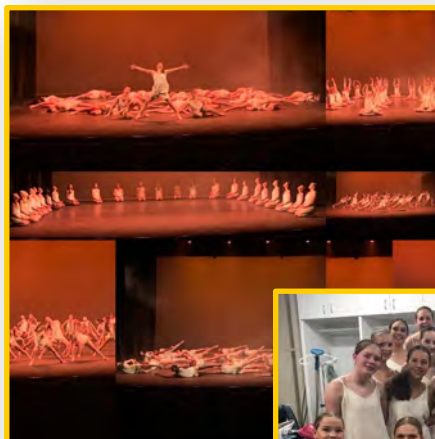
CHIPS SLSO



DANCE FORCE PERFORMANCE

Cowra High School Dance students danced at the Dance Force Graduation Tour in Orange last week to "And suddenly I forgot the smell of rain".

Such an incredible opportunity for our students to share again this amazing piece, created collaboratively by Angela French and Cowra High Dance Company. Telling the story of the effect the drought has on Rural NSW and showcasing on the big stage.



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Cowra High School's Amazing Students



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Community News

Cowra Dance Factory 2019 concert



Saturday 30th November
1:00PM and 7:00PM
Cowra Civic Centre

Tickets Available at: www.trybooking.com/BFTDA

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