

Cowra High School Newsletter

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FAREWELL MR GAUCI

Nine Years of Principalship at Cowra High School. Farewell Mr Gauci!

The staff, students, and community of Cowra High School would like to acknowledge Mr Gauci's leadership. Over this period of time Charles has ensured important upgrades to infrastructure for all students to be welcomed and nurtured into a quality learning environment.

He has always been a strong advocate of high expectations for all students. Furthermore, Mr Gauci has been recognised as a leader who has always looked after the wellbeing of staff as well as coaching and mentoring them into leadership positions. We wish Mr Gauci all the best in his role in 2020 and for his future endeavours. We look forward to seeing you in the community and know you are always welcome back to Cowra High School to celebrate student success.



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Term 4 Issue 20 18th December 2019



Principal

Helene Hamilton



Deputy Principals

Louise Rowston

Megan Robinson



Deputy Principal - Wellbeing

Anthony Hamer

Year 7 Advisor

Kathryn Keefe

Year 8 Advisor

Luke Le Page

Year 9 Advisor

Casey Brien

Year 10 Advisor

Megan Mackenzie

Year 11 Advisor

Di St Clair

Year 12 Advisor

Jill Dunk

Careers Advisor

Prue Williams

School Counsellor

Darrin Yates

Sport Co-Ordinator

Elizabeth Patingale

Student Representative

Council Leader

Kate Imrie

Principal's Message

Dear parents and caregivers of the Cowra High School Community.

Another successful term has been achieved by staff and students where learning and high expectations has taken place in all classrooms across the school. One of the most rewarding aspects of being a principal is to read each students report, share with them their learning journey where many are achieving more than one year's growth for one year of learning. Congratulations to all.

Congratulations to the Year 12 students who successfully completed their Higher School Certificate. Madeline Cooper was a Distinguished Achiever in Music 1. Samuel Long a Distinguished Achiever in three subjects Mathematics Extension 1, Modern History and History Extension. This is an outstanding achievement for these two students and an example of excellent teaching and learning from the staff at Cowra High School. They reflect out of 810 000 state students in rural New South Wales they are just as successful as their peers in the metropolitan area.

Presentation Night was a huge success for 2019. Congratulations to Olivia Perkins who was awarded the Dux of 2018, seeing you continue to be successful at University is where other Cowra High students will aspire to embark upon the same journey. Thank you to the Wagambirra and the CHS Dance Groups, your talents reflect exceptional performance quality. Thank you to the Year 11 Music Group, your song choice was excellent and performance on the night shows we will be expecting more great results in the HSC for 2020. I would also like to thank Ms Megan Robinson and her team for the organisation of Presentation Night where student success was the highest priority.

There have been fantastic extra-curricular excursions for our students this last fortnight. Year 9 attended Great Aussie Bush Camp located in Kincumber where they completed the Rock and Water program based on resilience. The Raging Waters Excursion was a worthy experience for all students reflecting many students achieving the PBL merit level of Gold Medallion and providing a great opportunity for students to achieve in the future. The Japanese excursion saw students continue to learn about the Japanese Culture immersing themselves in food, literature and lifestyle. A huge thank to all the teachers who have led these excursions for our amazing students.

Congratulations to Erika Sullivan who was awarded the Upstart People's Choice Award Winner for her Year 12 artwork 'A Colourful Life'. This demonstrates the talent she has in the creative arts and we wish her well in post school opportunities.

I would like to acknowledge the leadership of Mr Charles Gauci who for 9 years has lead Cowra High School. The school has a history of long standing



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principals and this reflects the enormous passion, care and commitment he had and still has for the staff, students and community.

To conclude the year I would like to thank all the staff, parents and students for a successful 2019. The key to student success is the outstanding staff and quality relationships with parents, carers and community. It really does take an entire community to raise a child and I believe we do this every day at Cowra High School.

May you all have a wonderful Christmas, safe and enjoyable holiday with special time spent with family and friends.

Take care and I look forward to working with you all in Term One, 2020.

Helene Hamilton

R/Principal



From the Deputy

I would like to congratulate all our prize winners at the Presentation Night held last Thursday evening. I would also like to thank our generous sponsors for the prizes and various scholarships that will assist our students in 2020. Thank you also to all my helpers, without their help the night would not run smoothly.

Congratulations to our Year 12 students who received their HSC and ATAR results on Tuesday. It was great to hear from the students about their future endeavours and direction at our afternoon tea held Tuesday afternoon.

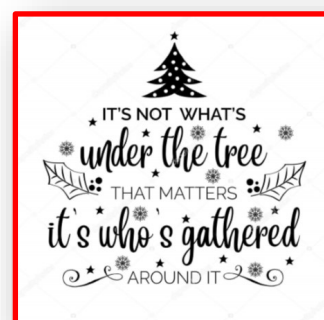
The Merit Award Excursion was a huge success on Friday. I thoroughly enjoyed driving the bus with the Year 7 and 8 girls giving me a lesson about songs and how phones work. Plenty of laughs were had and the day was enjoyed by all who attended.

On Tuesday morning we held our Gold Medallion Assembly and I would like to congratulate all of these outstanding citizens.

Have a Merry Christmas and a safe and Happy New Year. See you all in 2020.

Megan Robinson

Deputy Principal



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Deputy Principal - Wellbeing Report

As I write this final newsletter item for 2019 I am very happy to say that it has been a busy and productive year for all things wellbeing here at Cowra High. We have successfully completed tailored wellbeing days for all year groups as well as providing a wide range of extra opportunities for students to further their knowledge of physical and mental health that benefit them at their unique stages of individual development.

Our internal teams of dedicated wellbeing and learning and support teachers have worked tirelessly over two semesters to ensure they know all students, how they learn, and that they are safe, valued and cared for – I cannot thank the staff enough for this and look forward to working with them all again in 2020.

Our external agency support has been fantastic again this year and I'd like to particularly acknowledge the ongoing dedication of Fran, Hel and the team from CINC, Donna from Yoorana Gunya, and Indy from Benevolent and the RYMH program; your continued work with our students and families is very much appreciated.

We are forging ahead with the development of our Learning and Health Hub in 2020 and look forward to welcoming more external agency support as soon as this space is ready. Stay tuned for more news as this develops!

Finally, to our students and families – I'd like to wish you all the very best for the festive season and the holiday break it brings. Surround yourselves with loved ones, enjoy some quality time, look after each other, do the things that make you feel good, stay safe, and return to us refreshed and positive for all that 2020 promises to be.

Anthony Hamer

Deputy Principal Wellbeing

CONGRATULATIONS TO OUR HIGH ACHIEVERS!

Samuel Long and Madeline Cooper have been recognised as distinguished achievers in the 2019 HSC results. Samuel has achieved Band 6 in Mathematics Extension 1, Modern History and History Extension, while Madeline Cooper has achieved Band 6 in Music 1.

Cowra High School students have also achieved 29 Band 5, with Ginger Oliver achieving three Band 5.

Our highest ATAR was 97.1 achieved by Samuel Long



AN
AWESOME
ACHIEVEMENT



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TARGET CHRISTMAS TREE MORNING TEA

Yesterday Cowra High School held their Annual Christmas Fundraiser Morning Tea to raise money for the Target Christmas Tree.

Cowra High School do this to ensure children less fortunate have something for Christmas. In our community this is what we do, look after each other.



!!!MERRY CHRISTMAS!!!



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Keeping Up-To-Date

What's coming up?.....

JANUARY

28th	School Development Day
29th	Years 7, 11 & 12 Return to School
30th	All Students Return to School

FEBRUARY

5th	UOW Discovery Day Meet and Greet Year 7 Night
6th	UOW Discovery Day Best Start Year 7 Testing
7th	Best Start Year 7 Testing
12th-14th	Year 7 Camp
18th	Swimming Carnival

Academic Excellence Stream (AES) Selection for 2020

Twenty Year 6 students have been successful in gaining places in the AES from the start of next year. Letters are being sent home this week to the successful students. There will be some students who are new to the school who will be tested very early in the year and may join the stream immediately.

During the first five weeks of Term 1 we will be doing a range of activities to identify approximately five other Year 7 students to join the AES from midway through the term.

If you have any questions regarding the AES please contact Steve Howard (AES Coordinator) at the school at the start of next year.



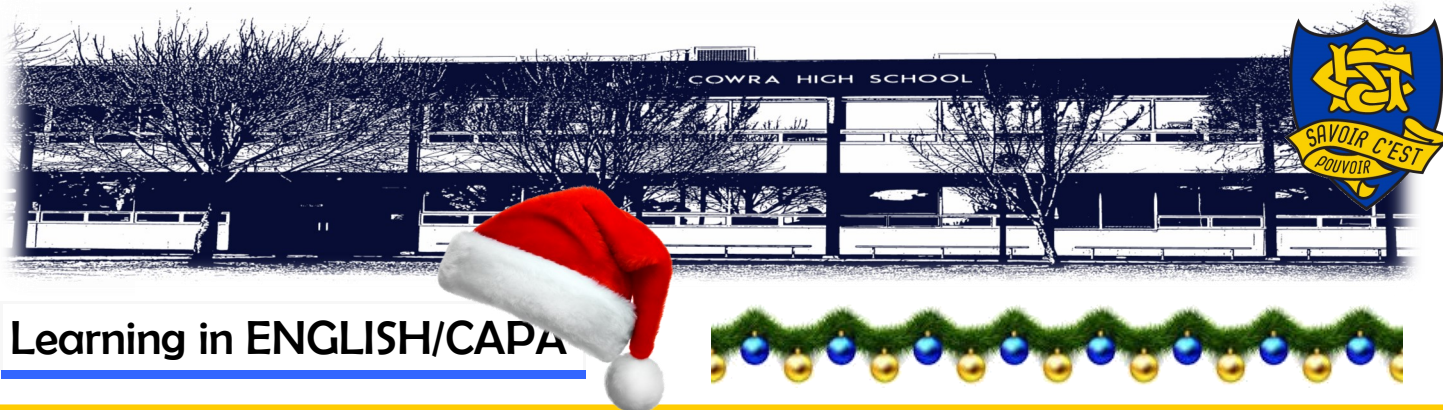

msp photography

2020 SCHOOL PHOTOS

- School Photos in 2020 will be taken by msp photography on Thursday 30th January for the whole school.
- Students are to wear full summer uniform.
- Photo envelopes will be sent home with students tomorrow.
- Payments can be made online or correct cash or cheque can be placed in the envelope.
- Please return envelopes to the schools front office before photo day or on day of photos - including those that have been ordered online.
- Please check details/spelling and make any changes on the envelope if

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Learning in ENGLISH/CAPA

Night of Music

Congratulations to the students who participated in the Night of Music at Cowra High School on Thursday 5th December. Singing and playing a selection of the following songs. *How to Train Your Dragon*, *David Bizimana's Song*, *Behind Blue Eyes*, *Start Again*, *Jessie's Girl*, *Paper Hearts*, *Bonfire Heart*, *Help*, *No Matter What*, *Landslide*, *Love of My Life*, *Skyscraper*, *Fade to Black*, *Who Knew and Shook Me All Night Long*. A wonderful evening that showcased the talented students we have here at Cowra High School. Well done to Mr Hughes and Mr Van Ruth.

PERFORMERS:

Emma Clements, Jacinta Blackburne, Natasha Hagar, Benson Sullivan, Zsalea Mansley

Mitchell Pattingale, Kimball Sullivan, David Bizimana, Amelia Clements, Katelyn Judd, Kayla Hall, Serenity Williams, Nic Fischer

Zoe Budge, Amy Gruessing, Glen Saxby, Jordan White, Liam Stephenson, Tom Bond, Derwin Le, Kiara Chambers

Max Hagar, Jaymon Bates, Talitha Brown, Blake Williams, Michelle Woods, Maegan Carroll

STAGE CREW:

Jessica Henderson, Felicity Henderson, Xander McMahon, Ponie De Wet, Aeryc Sansum, Laura Horvath Pledger, Joshua Schnieders, Ronan Gailey

MC'S:

Brooke Graham, Talitha Brown, Blake Williams, Maegan Carroll



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Learning in ENGLISH/CAPA



Japanese Excursion

Cowra High School remains a place of active learning towards the end of the term, as demonstrated by the photos above. I was lucky enough to take this great group of students to Sydney for the first yearly Japanese excursion to the city to experience Japanese culture and enter their first traditional Japanese house at Tanken Centre. After a 5 hour trip to the big smoke, Cowra students had the opportunity to read *manga* (まんが) at a Japanese bookstore, the biggest in the southern hemisphere! Then, it was off to a Japanese *hyaku-en shoppu* (百円ショップ) or 100 yen shop. Students were able to try a range of Japanese sweets and products not available to us here in Cowra. After that it, it was *Karaoke* カラオケ! Pronounced [kah • rah • oh • keh], students got their time in a box and sang a variety of English and Japanese songs in their groups. Finally, dinner at the Japanese hub in Sydney, Reagent Place. From *sushi*, *udon*, *ramen* and (my favourite) *karaage*, students were spoilt for choice.

The next day was just as jam-packed full of stuff to do. Especially since this was our visit to the illustrious Tanken Centre at Kirrawee High School. The centre is located in a traditional Japanese house built for the purpose of education. The teachers there did nothing but speak Japanese to them the entire time and they participated in many activities and games, such as the pictures above. Teams were created and based on the Seasons, 春 (*haru*) being Spring, 夏 (*natsu*) being Summer, 秋 (*aki*) being Autumn and 冬 (*fuyu*) being Winter. They competed against each other in quiz games, vocabulary memorisation, Japanese number quizzes and, most importantly, a dressing up contest based on an adjective! The teams competed until the end, but ultimately teams 春 and 秋 won the day.

It was a fantastic excursion and wouldn't have been possible without the support of all Cowra High School staff, but most importantly Prue Williams who assisted in the smooth running of the excursion. Many thanks, once again!

Angus Bates, Languages Teacher.



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Learning in ENGLISH/CAPA



UpstART 2019

Cowra High School students have showcased their artworks at this year's UpstART exhibition at Cowra Regional Gallery. An annual youth art exhibition featured artworks by students in years 10, 11 and 12. A diverse range of subjects, styles and mediums including painting, sculpture, drawing, ceramics, mixed media and photography were on display. This year's judge was Madeline Young, Director of the Corner Store Gallery Orange. She was very impressed by the creativity and high standard of works on show, unique concepts that were well presented.

The winners from Cowra High School were:

Years 10, 11 and 12

Winner Year 10: Lara George, Cowra High School, Year 10

Winner Year 11: Luke Wilson, Cowra High School, Year 11

Winner Year 12: Nicola Carter, Cowra High School, Year 12

Open Section

Winner - Drawing: Alanna Bush, Cowra High School, Year 12

Winner - Photography: Lowanna Murray, Cowra High School, Year 10

Winner - Painting: Shiyann Newham-Gregg, Cowra High School, Year 12

The People's Choice award went to: Erika Sullivan, Cowra High School, Year 12.

Well done to all students who participated.



Alanna Bush



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Cowra High School's Amazing Students

GOLD MEDALLION PRESENTATION



FIT TOGETHER PROGRAM PRESENTATION

Presentation of Fit Together certificates to participants following the conclusion of the 10 week program. Many thanks to PCYC officer Brendan Sirol and other staff who assisted throughout the program. A special Thank you also to Mr Damien Johnson for organising and overseeing this program.



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Cowra High School's Amazing Students

SUPPORT EXCURSION TO DUBBO

The support reward excursion was fantastic and enjoyed by all!

Thanks to Ms Woods, Mr Sheehy and Ms Pollard for driving the bus!

Students visited 'Elston Park' in Dubbo for lunch, water slides at Dubbo Aquatic Centre, Japanese Botanic Gardens, Dubbo Adventure play park' and Dubbo Gail. Students stayed at 'Ridgecrest' overlooking Burrendong, and enjoyed lots of fun activities including 'group problem solving'.



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Cowra High School's Amazing Students

YEAR 9 KINCUMBER EXCURSION

The Year 9 camp at Kincumber was an enjoyable time for all those who attended. We had the opportunity to participate in thrilling activities such as mud runs and giant swings. These activities made us work as a team, strengthen our confidence and to accomplish things we never thought we could. At camp we also had the opportunity to enjoy free time and spend time with friends. Most of us spent our time playing games with the instructors which got annoying at times as no one could figure out the secrets to the brain-teaser games we played. At night we had activities and challenges to look forward to. Some were really challenging like the planking competition and the flexibility table test, though everyone still had a go and had plenty of fun. It was sad to leave the amazing instructors, but we couldn't thank them and the teachers, that took 3 days out of their time, enough. As a year 9 student we would really recommend this excursion to anyone because it really is a once in a lifetime opportunity.

Written by Kimball Sullivan, Chloe Funnell and Josh Anslow

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All Things Careers

CHS WORK EXPERIENCE PROGRAM 2019

Thank you to the businesses of Cowra and surrounding districts for our chance to shine!

2019 saw over 60 students go out into the workplace to explore future careers. Cowra and surrounding district businesses offered students in Year 9, 10, 11 and 12 a taste of what it was like to be in the workforce. Cowra High would like to thank the following businesses for providing such an invaluable opportunity that students will never forget:

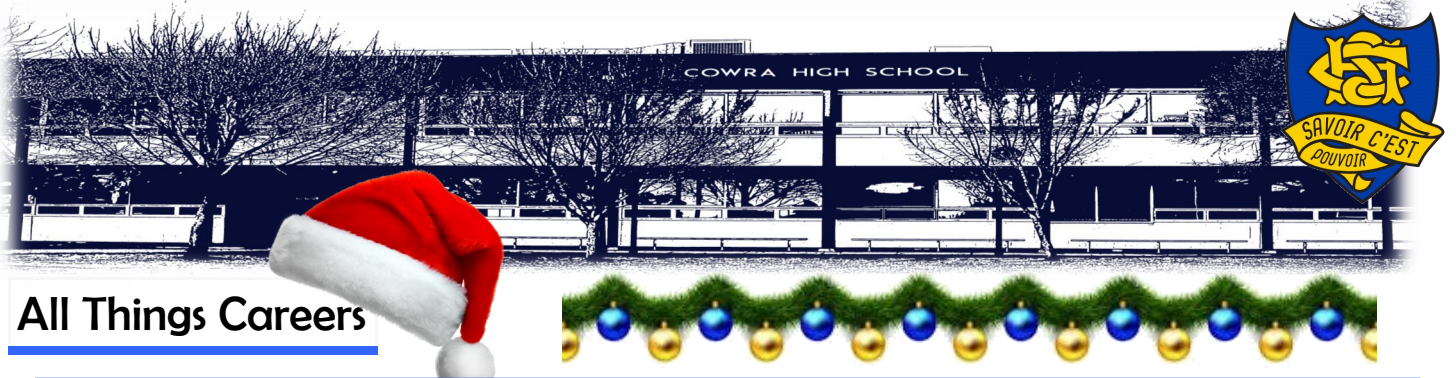
Cowra Public School	Allan Gray & Co	Central West Local Land Services
Reads Electrical	Bilyara	Carinya Early Childhood Centre
R J Funnell Services	TLE Electrical Cowra	Cowra Council
Cowra Dance Factory	Midstate Electrical	Commonwealth Bank Cowra
Apiary Art & Design	Design West Architects	Cowra Information & Neighbourhood Centre
K-Line Agriculture	Fred Fahey Aerial Services	M W & J M Blazley
Cowra Toyota	Enhanced Air	Jamieson's Joinery & Building Centre
Hotondo Homes	Mick Peterson Plumbing	Absolute Beauty
Holmwood Public School	Cowra Health Service	Holmwood & Cowra Wreckers
Central West Building	Adam Besedic Motors	Cowra District Hospital
Fitzroy St Physiotherapy	Cowra Machinery Centre	North Cowra Veterinary Surgery
TPS Furniture Designs	Cowra Golf Club	Diesel Tec
Conquest Tiling	Dunlop Partnership	Simplot Australia Pty Ltd
Carcoar Public School	Vision Australia Wollongong	Civil & Environmental Engineering UNSW
Orange Surgery Centre	Taronga Western Plains Zoo	Sydney Harbour Exclusive

We would like to wish you all a Merry Christmas and Happy New Year
& look forward to working with you all in 2020!



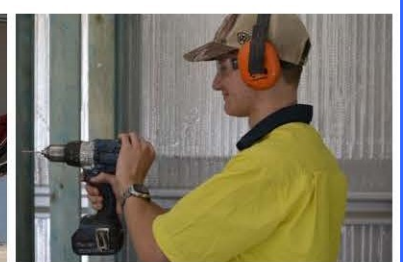
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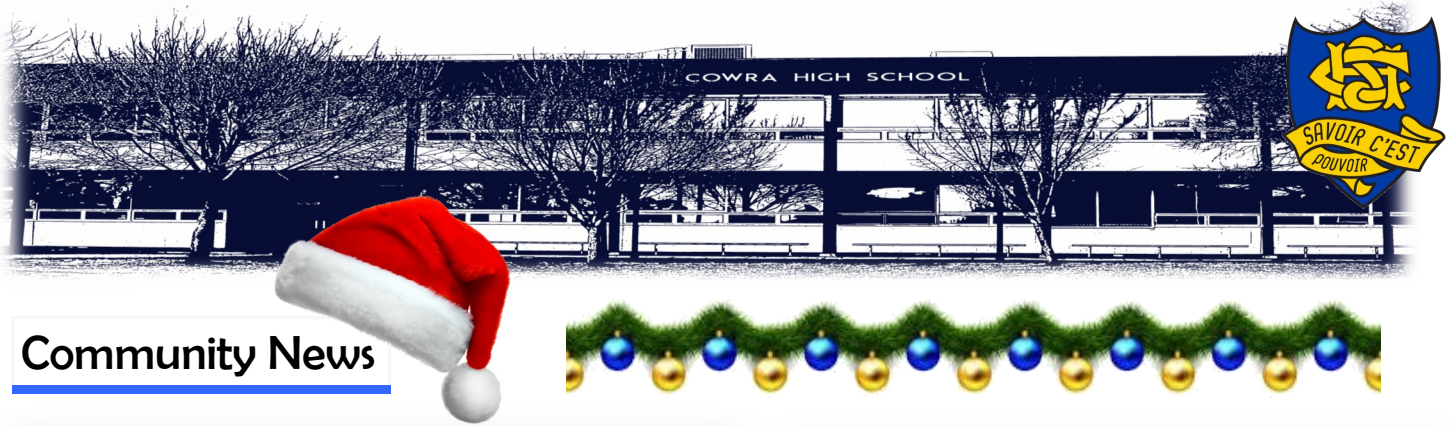
All Things Careers

Thank you to the businesses of Cowra and surrounding districts for our chance to shine!



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Community News



DO YOU NEED HELP TO GET YOUR LICENCE?

- Do you live in the Cowra area?
- Are you looking to get your Learner's Licence?
- Already have your L's and need help with driving?
- Need help preparing for the Driving Test?
- Have fines and can't pay them?

Birrang will be conducting a
FREE* 5 week Program in Cowra
 *Eligibility conditions apply
 3 days per week on Tuesday, Wednesday & Thursday from 9am to 1pm
 Driving Lessons will be available for those who have their L's

Sign Up: Thursday 9th January 2020 at 9am to 1pm

Start Date: Tuesday 14th January 2020 at 9am

Venue: Cowra Information & Neighbourhood Centre
 15 Vaux Street



If you would like more information or to join the program
 call or email us on:

02 6361 9511 or reception@birrang.com.au



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