

Cowra High School

NEWSLETTER



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Principal

Helene Hamilton



Deputy Principals

Megan Robinson
Anthony Hamer



Instructional Leader Consultant

Susan Gottschall

Year 7 Advisor

Angus Bates

Year 8 Advisor

Lauren Bates

Year 9 Advisor

Kathryn Keefe

Year 10 Advisor

Kyle Mugridge

Year 11 Advisor

Damien Johnson

Year 12 Advisor

Megan MacKenzie

Careers Advisor

Prue Williams

School Counsellor

Simone Hua

Student Representative

Council Leader

Amy Mugridge

Principal's Message

Term 3 Issue 7, 17th September 2021

Dear Parents and Caregivers,

At the conclusion of Term Three it can be said that students, staff and parents have certainly shown skills of resilience, flexibility and the importance of self care with the recent Learning From Home platform. I would like to thank you all for working hard to ensure that the students of Cowra High School are the priority.

I would like to congratulate Year 12 who have completed their Trial Examinations. I was afforded the opportunity to work closely with Head Teachers and read reports where staff have worked hard to ensure you have all achieved results that reflect your potential. Many of you have already been offered entry into University, gained apprenticeships, full time work or study at Tafe. The Cowra High School community are very proud of all of you and it has been fortunate that we could celebrate with you during the final week of Term Three, seeing you all dressed up on Whacky Wednesday and Thrifty Thursday. I would like to take this opportunity to wish you all the very best for your future. Each of you have the skills to embark upon challenges that may come your way and step out of your comfort zone to continue to learn about yourself. Congratulations Year 12 2021!

Year 11 have worked hard preparing for their End of Course Examinations and sitting these online. The feedback from Year 11 teachers was that all students were able to engage in the examinations online successfully. Thank you to all the staff who worked together to compose online examinations for students to continue the timeline for Year 11 and conclude their course. I look forward to reading your reports next term and to you all commencing your Higher School Certificate studies.

Year 6/7 Transition at CHS had our partner primary schools attend to continue to experience a touch of high school prior to 2022. Students returned for more activities designed to reflect what teaching and learning looks like in a secondary setting and feel confident to prior to the commencement of Year 7. Thank you to Mrs Louise Rowston for leading the transition days and supporting our new students and staff who work collaboratively to ensure a fun and worthwhile day for all.

Cowra High School held a Japanese incursion in week 5 as a replacement for the planned trip to Sydney this term. Japanese Elective students participated in a range of Japanese-themed activities during the day where aspects of the culture were brought to them. Students experienced Traditional Japanese outdoor games, Modern Japanese card games, a Katsudon (カツ丼) cooking and eating session, Green Tea and finally Karaoke with both Japanese and Australian classics. Thank you to Mr Angus Bates for leading our Japanese cultural experiences and continuing to build the profile of our Seikei Exchange and his passion for Japanese.

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Congratulations to Lowanna Murray who has received a Minister's Award for Excellence in Student Achievement, recognising Year 12 students who have excelled in their secondary years across academic excellence, sports, cultural, community and leadership. Cowra High School is very proud of you for this amazing achievement where only very few students are recognised by the Public Education Foundation.

Congratulations to Zac Olbourne who has been selected to participate in the National Science Youth Forum which is designed to inspire young Australians to value science, technology, engineering and maths and its importance in our communities. Well done Zac, your talent in Science is commendable.

This week is the time where we as a school community take the time to stop and think about the amazing work done by our School Support and Administration Staff (SASS). Their jobs encompass everything from finance management, first aid to grounds and repair, as well as Food Technology/Hospitality assistance and Science Lab, attendance/enrolment, copying, and learning support and much, much more.

Our SASS staff support the wellbeing of students, teachers and the entire school community, especially during these remote learning phases.

You are all appreciated - we couldn't do it without you at Cowra High School. Seeing you everyday meeting parents and caring for students and staff each and every one of you are truly outstanding.

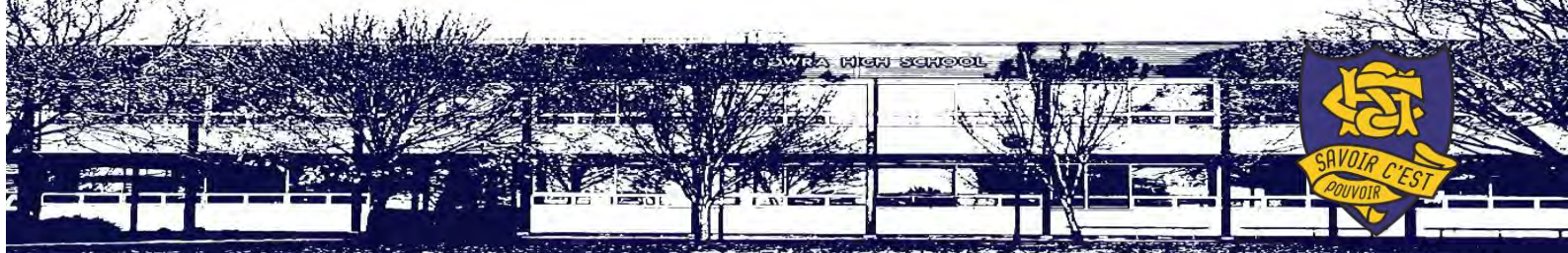
I would like to take this opportunity to thank the school community for their commitment to ensuring students learning and wellbeing is of the highest priority. Staff next term will continue to work collaboratively and share their expertise to ensure all students work towards more than one years growth for one year of learning. I hope you all have a safe holiday and ensure that you connect with family and friends. Rest up and I look forward to seeing you all next term.

Regards,
Helene Hamilton
Principal



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Deputy Principal Wellbeing Report

It is hard to believe that this newsletter sees the close of Term 3! Our HSC students now have an extended stu-vac holiday period to look forward to, with the final week of face-to-face teaching and learning concluding this week. I wish them all the very best as they continue to prepare for their HSC exams.

Our Preliminary students completed their yearly course exams over the past fortnight via an online platform, the first time we have done so at Cowra High School. I would like to congratulate them on their efforts, and I join all teaching staff in looking forward to seeing their results and assisting them in projecting forward with vigour and focus into their upcoming HSC year of study.

Term 4 sees the change to our summer uniform. A reminder to all students and families to ensure all students have appropriate summer uniform to start Term 4. The pride wearing correct attire shows in the school, and the shared sense of identity and belonging to the student body uniform, is a key aspect of schooling across all education institutions. As always, uniform assistance is available to all students and the school is very happy to help any families in need of support to ensure all students have the correct summer uniform. Please contact the school clerical office if we can be of any assistance in this regard.

In our last newsletter I wrote an important note regarding attendance. The key points made were that all school days are compulsory, and, that even if a student maintains a very high level of attendance at school throughout their 13 years of formal schooling, even a student with 90% attendance still misses a year of formal schooling as a result of their 10% absence over this period of time. A friendly reminder to all parents, carers and students that every school day is indeed compulsory and attendance is mandatory. Any necessary appointments should be made outside of school hours unless this is unavoidable, and all absences need to be explained to the school clerical office as soon as possible. Please let the school know if you have any questions about this or require any further clarification.

All staff are looking forward to the commencement of Term 4 and the teaching and learning opportunities this will bring. I would like to wish them and their families a very happy and well-earned holiday. I would also like to thank all students and their families for their support and efforts in ensuring the continuity of learning during the recent remote-learning period; I hope you all enjoy the break, take the time to recharge, and above all, stay safe.



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A BIG HAPPY BIRTHDAY to our AMAZING students who celebrated their birthday in August and September

Chelsey Howarth

Ruby McKeown

Patrick Dun

Samuel Dun

Nikita Curtain

Andrew Terbizan

Jessica Parsons

Ryan Carroll

Joel Diamond-Squires

Mitchell Blair-Dillon

Jayden Gordon

Hannah Stone

Samantha O'Meley

Coopa McNamee

Abby Slattery

Tatum Ryan-Sutherland

Laina Kennewell

Abby Baker

Aeryc Sansum

Jack Gee

Jacob Graham

Sabion McKeown

Kallum Miller

Tameeka Murray

Ryan Rudd

Jessi-May Williams

Nathan Cheng

Aiden Blinman

Toby Croker

Amelia McCulloch

Shiloh Ballard

Zachary Louttit

Gemma Smith

Chloe McKelvey

Chelsea Marceddo

Logan McKelvey

Bella Mitchell

Cooper Doyle

Jayden Azzopardi

Charlotte Ward

Lucas McKenzie

Lecksi Killick

Christiane Bizimana

Jonathan Ndayishimiye

Hugh Williams

Joshua Chalker

Ebony Ingram

Kiara Chambers

Xander McMahon

Zachary Perkins

Alyssa Murray

Tiffany Brown-Bartolo

Makenzie Felton

Cate Sutherland

Charlotte Smith

Makayla Walker

Kayne Veney

Charlie Roberts

Peter Henderson

Ryley Fuller

Blake Sandry

Justice Radburn

Ryan Louttit

Jessica Schneiders

Giselle Shaw-Baker

Nicholas Hall

Maddie Brown

Mason Langfield

Roderick Le

Connor McMahon

Jazmyn-Lee Gordon

Isabella Howarth

Noah Knight

Sienna Grant

Lexi Fliedner

Marley Brown-Bartolo

Montanah O'Malveney

Quarindee Bohman

Josie Hay

Brianna Hay

Aiden Gaffney

Brodie Hollingsworth

Allen Jane Del Rosario

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Cowra High School staff wish to thank all our parents and carers for your support during the lockdown period and for working hard to keep our students on task

THANK YOU

Tips for good sleep

Young people need 9-11 hours of sleep every night



-  1. Try to limit how much caffeine you have, including coffee, energy drinks and soft drinks.
-  2. Keep active during the day. Moving more uses up energy.
-  3. Set an alarm for the morning. Waking up at a decent time every morning keeps you in a routine.
-  4. Turn off your phone 30 minutes before getting into bed. The blue light from screens can tell our brain to stay awake.
-  5. Read a book or have a warm shower before going to bed.
-  6. Download a mindfulness app like Smiling Mind & do a sleep meditation.

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Keeping Up-To-Date

What's coming up?.....	
SEPTEMBER	
6 th - 17 th	Year 11 End of Course Examinations
20 th	School Holidays
OCTOBER	
5 th	School resumes
7 th	Year 12 2022 Information Evening
NOVEMBER	
3 rd - 5 th	Year 10 Formal Exams
4 th	Meet a Keeper Years 9, 10 & 11
9 th	HSC Exams
DECEMBER	
16 th	Students Final Day of School for 2021



EVERY day counts
attendance matters

Cowra High School is on Instagram!



Follow
cowrahighschoolofficial
to stay up to date

SO MANY WAYS TO KEEP UP TO DATE AT COWRA HIGH SCHOOL






YEAR 7 VACCINATION CLINIC
Vaccination Clinic
Will be on Friday 15TH October

NSW Department of Education

Why attendance matters

When your child misses school they miss important opportunities to:


- Learn
- Build friendships
- Develop life skills

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...	they miss weeks per year	and years over their school life
1 day per fortnight	= 4 weeks	= Over 1 year missed
1 day per week	= 8 weeks	= Over 2.5 years missed

education.nsw.gov.au



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New Online Enrolment System

We are excited to announce we will be rolling out the new Online Enrolment System from Monday 7 June 2021

The Online Enrolment System is designed to provide flexibility for our parents to submit an enrolment application online and at the time that best suits you. The application can be accessed on all browsers and mobile devices including iOS and Android.

The online application process is currently restricted to:

- Enrolments into **local** schools only
- Children who are Australian citizens, New Zealand citizens or permanent residents
- Children who live in NSW.

We offer our support and encourage you to complete your application to enrol online. If, however, you do not feel comfortable completing an application online, a paper copy will be available for collection from the front office or can be downloaded from the Department's [going to a public school site](#). Further information about online enrolment can be found on our website <https://cowra-h.schools.nsw.gov.au/about-our-school/enrolment.html>

Online School Enrolment process

STUDENT-CENTRIC
Online application form only asks questions relevant to the student.

USER-FRIENDLY
Form is intuitive, clear and progressed can be saved and resumed later

EASY ACCESS
Available through the school's website. Parents instantly know their in-area school.

SAFE & FLEXIBLE
The form is secure, and can be completed on multiple devices anywhere and anytime.

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Learning in Science

Greetings from the Science and Agriculture faculty!

There has been a lot going on in Science and Agriculture, even with the current lockdown. In year 7 science classes and in Miss Pomeroy's 8P Science class, the students have been learning about forces. They have learnt about balanced and unbalanced forces, and how to calculate net force and weight force on Earth and on the Moon. Students learnt all about friction and carried out fun experiments online. Recently they have also been learning about static electricity and using fun simulations and games online to reinforce their learning. Some students also used balloons at home to study static electricity. To finish the unit of work, they will learn about buoyancy and surface tension.



Figure 1: screenshot of an 8P student's online experiment on friction forces.

In year 8 the students have been learning about ecosystems. They have learnt about producers, consumers and decomposers and about food chains and webs. Year 8 Science classes now have an assignment on food webs to complete which can be found in their Google classrooms.

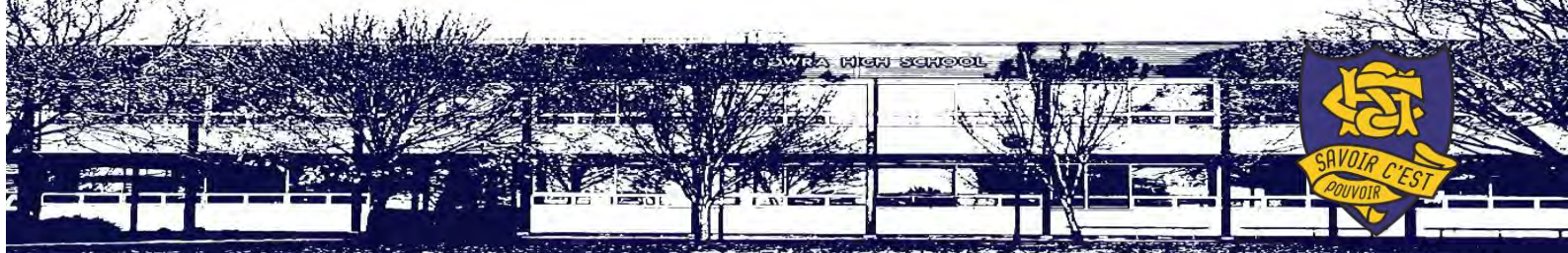
In year 9 the students recently completed their natural events assessment tasks. They have now been learning about atomic theory. Students have been learning about the parts of the atom, including how to determine the number of protons, neutrons and electrons in an atom. Students are learning about ions and valency and will also be learning about radioactivity and isotopes soon.

In year 10 students have been learning about evolution in 10 B Science, and motion in 10A and 10C science classes. The students in year 10 all recently completed their Independent Research Project at home and need to ensure that they submit the final scientific report for this task.

The stage 5 AES classes have been learning about electricity. They have learnt about series and parallel circuits, which includes how to calculate the current, voltage and resistance. They have also learnt about power and energy, and how a current carrying conductor produces a magnetic field. The students recently learnt about the difference between AC and DC, and the structure of DC motors, and are now studying how current can be generated.

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Learning in Science

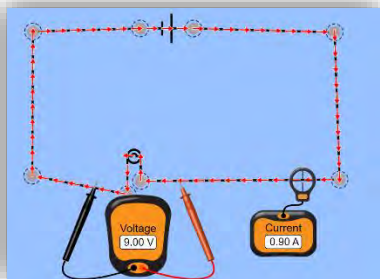


Figure 2: some of the online interactive experiments carried out by stage 5 AES students

In year 11 Biology, Chemistry, Physics and Agriculture the students have been busily preparing for their Yearly Examinations. They will soon be starting their HSC work. We wish them all the best of luck.

In year 12 the students have all finalised their subject content and are now busily preparing for their HSC examinations through zoom lessons. We are looking forward to seeing them again soon in face to face classes.

The school farm is running smoothly. We had an agronomist come to the farm and with the students he took a soil sample. It was sent to Western Australia and the results returned. Then a follow up consultation was had here with the agronomist.

Blair has just sown a crop of lucerne that has sprouted. Previously he sowed a combination crop of vetch and oats in an effort to rejuvenate the soil and add nitrogen without using chemicals.

We had 10 lambs born. One died so there are 9 to be sold in coming months. One very old ewe died of pregnancy toxemia. This is normally a rare occurrence but this year it was common in this region due to effects from the drought. Before the ewe was euthanized she was induced and her twin lambs were saved and bottle fed and are now back on the farm.

We have eggs for sale until the canteen is back in action- please contact the school if you would like to purchase some.

We sold all the young layer pullets that were very successfully hatched in the incubator.

We look forward to the students returning to the classroom and School Farm.



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Learning in Agriculture



STAGE 5 AG REPORT



For a period of ten weeks, year 9 & 10 Agriculture students have conducted a lamb feed trail as a cooperative effort between local farmers, local rural stores, fabricators, Department of Primary Industries, stock and station agents and Cowra High School.

Lambs for the trial were provided by local farmers, Miss Joanna Treasure, Mr Brett Treasure and Mr Ross Graham.

Feed and supplements were supplied by Mr. Alex Webster, Mr. Ray Wallace (Seed and Grain Cowra) Mr. Brett Treasure, Mr. Alan Weal and Delta Ag, Cowra.



Weigh scales supplied by Delta Ag. Mr. Rodney Watt (Felix Rams) donated a weigh crate and Mr. Peter Boyd (Boyd Metal Works) kindly donated a new sheep feeder.



The aim of the trial was to determine the most cost-effective ration for lambs to be sold for the domestic market. Rations were primarily Barle or Lupin based. Nutritional advice was provided by Dr. Gordon Refshauge of NSW DPI, Cowra.



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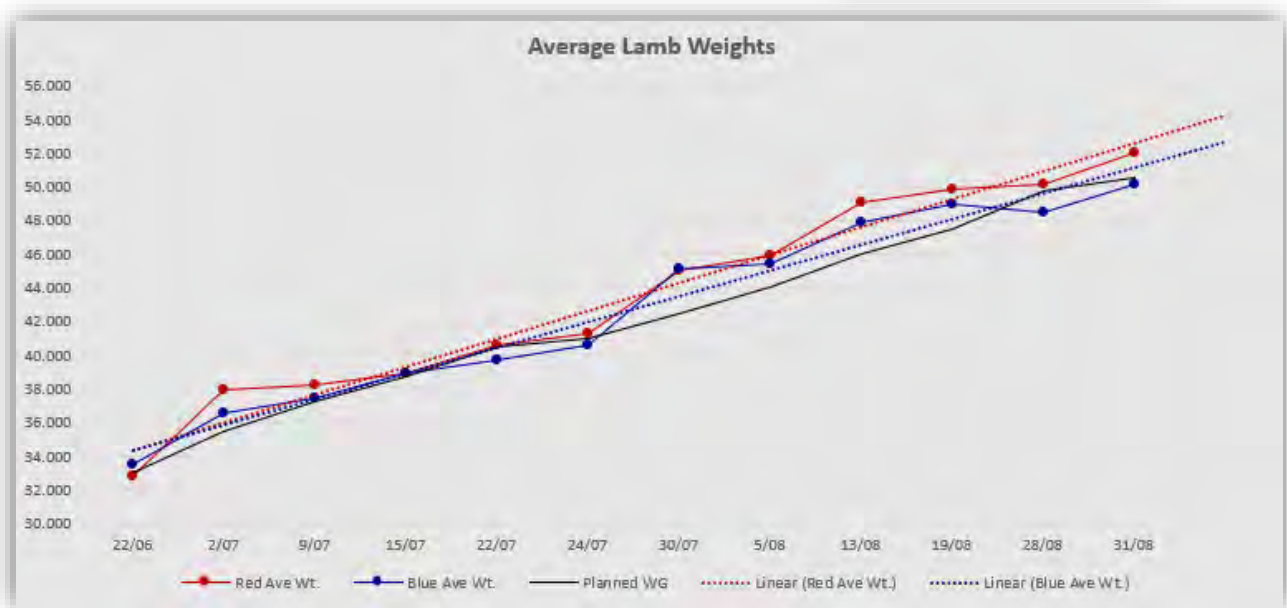




Students participated in preparing feed rations, stock management and husbandry procedures including weekly weighing to monitor animal health.



Mr Damien Stephenson of Norman C Bellamy Pty Ltd provided a market appraisal and participated in an instructional video for students demonstrating how to assess lambs for the local market. Our students gained invaluable knowledge about nutrition and trial procedure as well as market requirements.



A quick thankyou to all those in the community and staff involved for investing in the future of Agriculture at Cowra High School.

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STAGE 6 AGRICULTURE



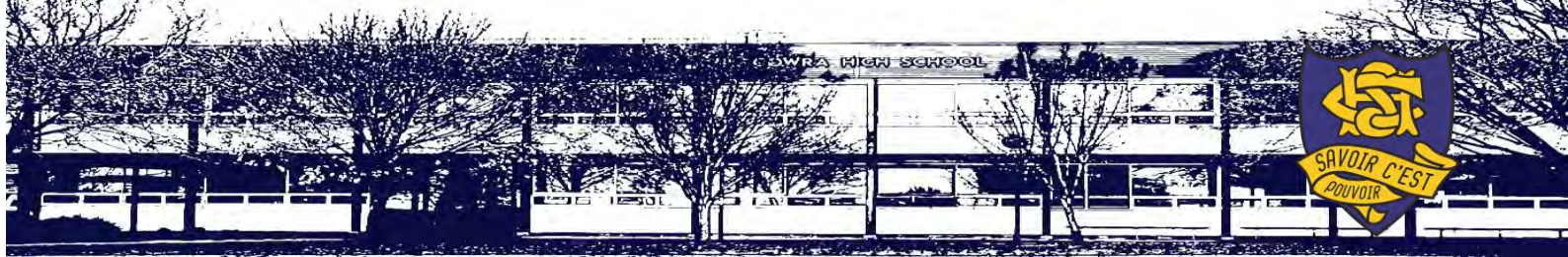
During the year our stage 6 Ag students have been busy studying the farm as a business, completing a Farm Case Study. The students learnt about farming systems, inputs and outputs, sustainability, and farm management.

They also had the opportunity to get hands on in the shearing shed, a very new experience for some.



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STAGE 6 AGRICULTURE

Students also attended an Innovation in Agriculture event held by NSW Department of Agriculture at their research site in Orange.



They days was arranged around the stage 6 Agriculture outcomes. Students learnt about precision agronomy, new technologies in dairy and App design, climate science, horticulture and viticulture.

Employment in the agricultural sector was also a keen topic.



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All About Me.....



Name: Zara Mckenzie

A little bit about me: I enjoy spending quality time with family and friends, and I love to stay active playing as many sports as I can.

An interesting fact about myself: I enjoy doing yoga and meditating.

My favourite quote: 'Be true to yourself'

Something that makes me happy: Spending time at the beach.

Something I'm proud of: Myself for getting through Year 12.

Something I'm improving on: My Confidence.

I can't live without: My mum and my family.

This or That

Sweet / Savoury - **Sweet**

Cat / Dog - **Dog**

Morning / Evening - **Morning**

Camping / Beach - **Beach**



Each Jersey Day we ask schools and workplaces across Australia to allow students and employees to wear their favourite sporting jersey to school or work and begin the conversation with their family and friends about the importance of becoming an organ and tissue donor.



Mr Hamer and Mrs Watt supporting Jersey day 2021

<https://www.jerseyday.com.au/register-to-become-an-organ-donor/>

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Cowra High School's Amazing Students

CONGRATULATIONS



TO
LOWANNA MURRAY!



Lowanna has received a Minister's Award for Excellence in Student Achievement, recognising Year 12 students who have excelled in their secondary years across academic excellence, sports, cultural, community and leadership.



“These awards celebrate the exceptional work that occurs every day across NSW public education”

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Cowra High School's Amazing Students

CONGRATULATIONS TO DARCY CALLAGHAN!



Darcy Callaghan has received a Minister's Award Commendation for Excellence in Student Achievement.



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Public Schools

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Cowra High School's Amazing Students

CONGRATULATIONS!



Zac Olbourne has been selected to participate in the National Science Youth Forum which is designed to inspire young Australians to value science, technology, engineering and maths (STEM) and its importance in our communities.

Well done Zac, Cowra High School is very proud of you!



National Youth
Science Forum

The National Youth Science Forum (NYSF) is a not-for-profit organisation that runs a number of residential programs to encourage young people in their passion for science, technology, engineering and maths (STEM). Our programs show the wide variety of engaging, rewarding and inspiring study and career options available in STEM fields.

Our flagship program is the NYSF Year 12 Program, which runs in January each year for students about to enter year 12. Since 1984, more than 12,000 young Australians have progressed through the NYSF Year 12 Program, including those run under the organisation's previous banner, the National Science Summer School (NSSS).

Rotary is the Founding Partner of NYSF and today the 18 local Rotary districts across Australia continue to conduct selections for the NYSF Year 12 Program on behalf of the NYSF.

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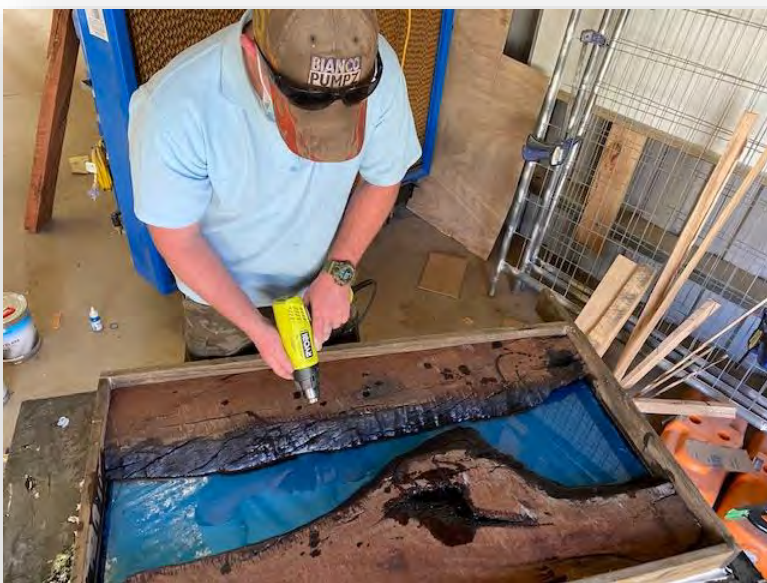
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Cowra High School's Amazing Students

Year 12 Major Projects

Year 12 students working on Major Projects at school in a COVID safe setting. Yr12 Major Projects were almost complete prior to our current lockdown, however, there were some finishing touches that need to be completed before the due date.



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Cowra High School's Amazing Students

JAPANESE IMMERSION

Cowra High School held a Japanese incursion on Monday WEEK 5 as a replacement for the planned Trip to Sydney this term. Japanese Elective Students participated in a range of Japanese-themed activities during the day where aspects of the culture were brought to them.

Students experienced Traditional Japanese outdoor games, Modern Japanese card games, a Katsudon (カツ丼) cooking and eating session, Green Tea and finally Karaoke with both Japanese and Australian classics.



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Cowra High School's Amazing Students

WEAR YOUR CRAZY SOCKS AND YOUR OODIE AND THE COWRA HIGH SCHOOL BAKE OFF COMPETITION

During lockdown our students participated in some fun competitions and giveaways on our Instagram and Facebook Page.



Lily Lawler



Charlie Duclos



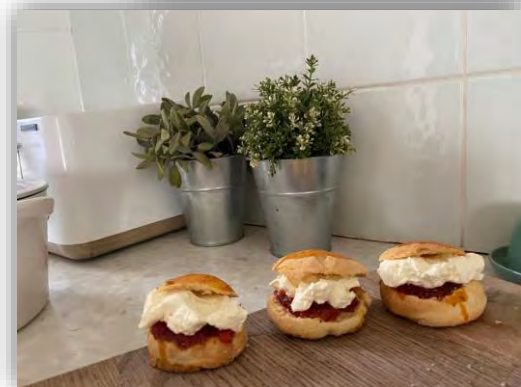
Kimball, Benson and Mackay Sullivan



Jacinta Blackburne



Jayden Azzopardi



Charlotte Smith

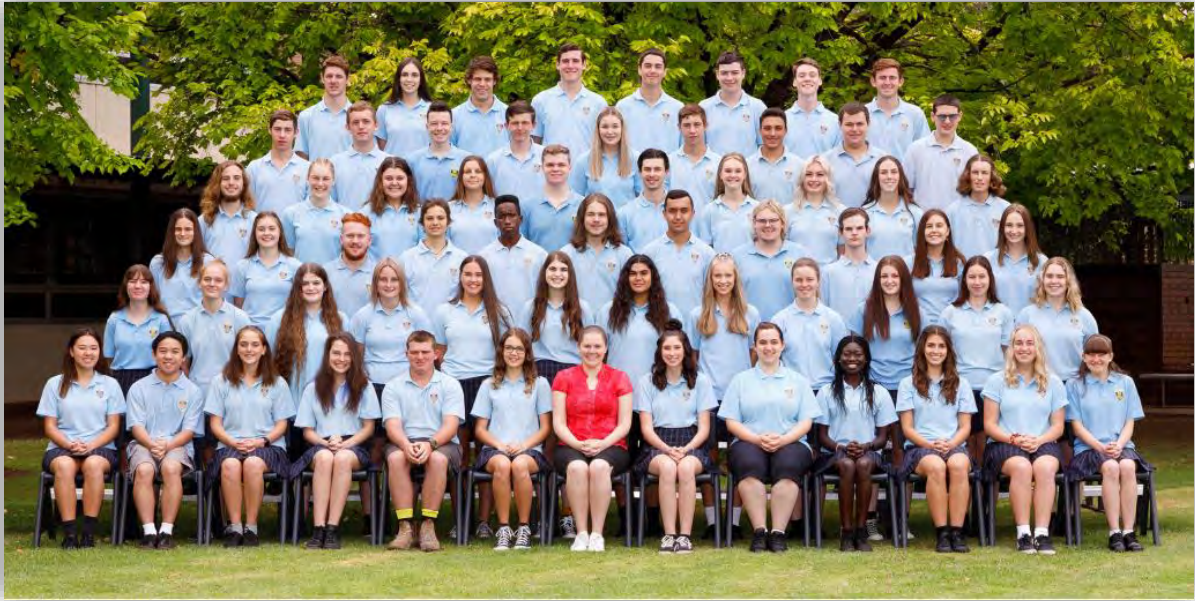
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Cowra High School's Amazing Students

FAREWELL YEAR 12



To have reached this important milestone is a wonderful achievement and you should be incredibly proud of yourselves as you head into your final exams and look to life beyond school. Cowra High School wish you every success.



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All Things Careers

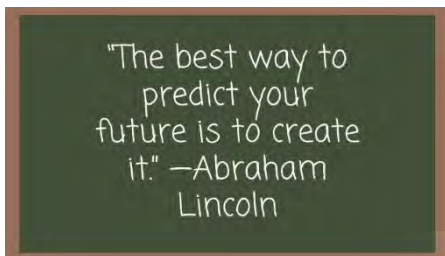


CONGRATULATIONS YEAR 12!!!

You have almost made it... just a few exams to smash out next term & then you are 100% done with your 13 years of school education... how exciting!

Don't lose sight of this wonderful achievement you have accomplished regardless of all the COVID challenges that have changed how you thought you would achieve this goal. You are almost there just need to cross that finish line, so close, hang in there. You've got this.... & grit.... & resilience... two essential ingredients required for success... keep focusing on what you have rather than what you don't and then focus on what you want... remember this is your story and you hold the pen.

PS: Don't forget to be so appreciative of all those in your tribe, those number one fans of yours always supporting you to achieve your goals. They are amazing and it has been a marathon for them too.



All I can say at this point is... bring on 2022... lots planned to happen outside our LGA, for now, we all need to stay safe, sane & appreciate our little freedoms as they come... this too shall pass!

Kind Regards
Prue Williams
Careers Adviser

CAREERS - WHAT'S HAPPENING 2021

Term 4...

Thursday 4th November (Fingers Crossed)
Meet a Keeper – Years 9, 10 & 11
@ Taronga Western Plains Zoo Dubbo

Key Dates **JANUARY 2022**

Revised dates for Year 12 students

- 20** THURSDAY **ATAR Release**
ATARs released at 9am
- 21** FRIDAY **Close of preference**
Finalise preferences by midnight
- 24** MONDAY **HSC results released**
Contact NESA for more information on HSC results
- 26** WEDNESDAY **Offers released**
University offers released at 7:30am

**"You have brains in your head
and feet in your shoes,
you can steer yourself in any
direction you choose!"**

--Dr. Seuss



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All Things Careers

Careers.... LOCAL SCHOLARSHIPS

GRADUATE WOMEN NSW



CENTRAL WEST BRANCH

Application is NOW OPEN for the

Cowra-Canowindra

Higher School Certificate Scholarship

for Year 12 female students

(may be deferred to 2023)

Prize of \$2000.00

There will be **two** Scholarships awarded each of \$2000

Interested students are invited to submit:

- CV
- Letter of application
- ATAR (when it becomes available)
- University Acceptance (when it becomes available)

(Please refer to criteria available from the School Careers' Adviser or Principal)

Email your application to: HSC Scholarship Coordinator
Graduate Women NSW Central West Branch
gwnswhscc@gmail.com

RSVP 25th January 2022

Further information at Graduate Women, NSW www.gwnsw.org.au

NEED FUNDS FOR STUDY AND TRAINING?

CALLING ALL COWRA STUDENTS & YOUTH!!

The Country Education Foundation of Cowra is a community-based association that provides financial assistance and encouragement to local school leavers to move into further education, training or entry-level careers.

Grants are based on circumstantial need and desire to achieving your goal, not on academic ability.

What funding can I get?

Grants usually range from \$500 - \$2000 and are 'non-cash'. This means they are distributed in the form of reimbursement to cover fees, text books, travel, accommodation, tools of the trade, uniforms, laptops and other costs associated with study, training and work. We can even pay an invoice you have sent to us so you are not out-of-pocket!

Who is eligible?

- You are between 16-25;
- You live or went to school in the Cowra area;
- You can demonstrate need; and
- You show commitment to achieving your goal.



HOW DO I APPLY?
Apply online at
www.cef.org.au



COUNTRY EDUCATION FOUNDATION OF COWRA

www.cef.org.au/foundations/cowra

Contact: Annabel | 0420 969 181 | cefcowra@gmail.com

KEEP UP TO DATE WITH US ON FACEBOOK: www.facebook.com/cefcowra

Proudly part of the Country Education Foundation of Australia network
1300 627 144 info@cef.org.au www.cef.org.au



CHAT WITH US AT THE

2021

\$DSF

STUDENTS WITH DISABILITY
SUPER FAIR

TUESDAY 28 SEPTEMBER 2021

#SDSF21

Register now at
gradaustralia.com.au/sdsf-2021/register

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TAKE THE NEXT STEP
WHILE YOU ARE IN
SCHOOL & JOIN OUR TRIBE



AFTER SCHOOL

I want a job



I want to study



I want info on
life after school



Scan the QR
code to see
how we can
HELP you!

BATHURST | ORANGE | DUBBO | MUDGEES

skillset.com.au



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All Things Careers

NSW Department of Education

SUMMER SKILLS



Dive into the Summer Skills program today!

Every summer has its own story, time to write your own!

This summer is expected to be an absolute bumper. Many employers will need summer staff to cope with the huge demand of jobs across a variety of industries.

This is why the NSW Government is offering fee-free, industry aligned short course for young people wanting to learn new skills.

Who can apply?

Are you a school leaver or aged between 16 and 24? Are you looking to kick-start your summer career? Then Summer Skills could be for you.

Heaps of courses and locations available!

There are plenty of jobs in trendy locations like Byron Bay and all the way down the beautiful NSW Coast; or head inland to magnificent places like Mudgee.

You can choose from a range of short courses where there are plenty of jobs available in these industries:

- Hospitality
- Construction
- Agriculture
- Community Services
- Sport & Recreation – Swimming
- IT/Digital

Set yourself apart from your peers and get the skills you need.

Work in some of the most beautiful thriving parts of NSW. You could do a sea change or a tree change or hit the big smoke!

education.nsw.gov.au

Eligibility criteria

You must be:

- a school leaver or
- aged between 16 and 24 (at the start of training)

You will also need to be:

- living or working in NSW
- Australian or New Zealand citizen, permanent resident or humanitarian visa holder
- signed out of school

Visit the Summer Skills enquiry form to register your interest

Scan the QR code or visit:



https://skills.syd1.qualtrics.com/jfe/form/SV_8ce72RljbJh7VDU



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All Things Careers

skillset
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**HELPING YEAR 12 TAKE
NEXT STEPS TOWARDS
THEIR FUTURE**





Skillset want to support Year 12's post school, no matter their chosen path.

**IF THEY WANT A
JOB**



- Resume help
- Job Interview preparation
- Insight on local Job opportunities
- The chance to try a trade

**IF THEY WANT TO
STUDY**



- Access to short courses to help with casual employment
- Insight on part time Jobs to support study
- Budgeting advice

**IF THEY DON'T
KNOW WHAT THEY
WANT**



- Gap year guidance
- Work experience tips
- Post-school career counselling

For more information and to contact the Youth Connect team, scan the QR code!



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 1300 853 525



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YOUR FUTURE. OUR FOCUS.

Recruitment | Skills Development & Mentoring Programs | Apprentices & Trainees

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Community News

COWRA AMATEUR SWIMMING CLUB
— Cowra Stingrays —

Join the COWRA STINGRAYS Team
Register Through [Https://cowra.swimming.org.au](https://cowra.swimming.org.au)

Club Nights on Tuesdays at 6PM (October to March)

Beginner, Junior and Senior Squad Training Available (For Under 18 Year Olds)

Active Kids Vouchers Accepted!

For More Information and Enquiries

[Https://cowra.swimming.org.au](https://cowra.swimming.org.au)
Facebook @CowraStingrays
cowrastingrays@gmail.com



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