

# COWRA HIGH SCHOOL

## JUNIOR BOYS UNIFORM - 2010 (YEARS 7-10)

### STANDARD UNIFORM

- Royal blue button through shirt, with collar
- Grey shorts or grey trousers (cotton or polyester material, not stretch knit or sports style)
- Navy blue jumper, with embroidered school crest
- Grey or white socks
- Black leather shoes with leather uppers (see note back of page)

### OPTIONS

- Royal blue polo shirt with Cowra High crest embroidered
- Navy blue polar fleece top or hoodie with school crest
- Navy blue school tie (to be worn with button through shirt, top button done up & knot sitting at collar)
- School blazer (school supply available for loan when representing the school)
- Navy blue winter weight jacket (embroidery optional)

### SPORT - STANDARD UNIFORM (Wednesdays only)

- CHS sports polo shirt
- Navy blue sports shorts or navy blue trackpants (**football shorts not permitted**)
- White socks
- Suitable sports shoes (**not Rabens**)

### OPTIONS - SPORT

- NSW and Western Area Representative items (achieved by the student)

### REPRESENTATIVE SPORT UNIFORM (see note on back of page)

- Navy football shorts with 2 gold stripes down sides (football codes only)
- CHS navy and gold wide stripe football socks
- Plain navy basketball or soccer shorts (optional)

## NOTE

- Note that there is a separate Department of Education & Training and WorkCover policy regarding footwear and safety in practical activities. This applies to all forms of practical activity in the following areas - science laboratories, metal work and wood work rooms, art rooms, kitchens and agriculture areas. In accordance with this policy, students must wear safety footwear during all practical classes. Suitable footwear is identified as being of stout construction and with a solid sole. The uppers are to be made of leather including a leather tongue (no holes or mesh inserts). Footwear deemed to be unacceptable includes thongs, Rabens, sandals, open weave shoes, canvas/nylon style joggers and gym boots, shoes with open toes and/or heels, high heel shoes and platform shoes. Students who do not wear appropriate footwear will be excluded from the practical work and be required to do theory work.
- **No other colours are to be worn in the hoodie, polar fleece, shorts, tracksuit pants or jackets.**
- **No contrasting colours on any garment.**
- Sports uniform may only be worn to school on **Wednesdays** (this includes CHS sports polo shirt & Western Area Representative items). Students should change into sports uniform for PE practical classes on other days of the week. May be worn home from school if student has PE practical class Period 5 only.
- Standard sport uniform required for most representative sports unless otherwise stated (decided by team coach).
- **Representative sport uniform eg football shorts & socks, are not part of the standard sport uniform and may not be worn to school. These items to be worn during competition games only.**
- Blazers will be available on loan from the school.
- Sunscreen, protective sunglasses and the wearing of a hat are strongly recommended. Students may wear any appropriate hat.
- The school crest can be embroidered onto uniform items by Cowra Trophies Engraving & Schoolwear, Mr Embroidery or Eagle One Embroidery.
- Jeans are not to be worn.
- Shoes are to be worn with socks at all times.
- Jewellery is to be kept to a minimum.
- Most uniform items are available from Mr Embroidery and Cowra Trophies Engraving & Schoolwear. Items also available from Collins' Shoe Store, Sportspower & Bushman's Boots & All. Second hand uniform items are available from the school canteen.
- Families experiencing financial difficulties may apply to the school for assistance with the purchasing of uniform items.

# COWRA HIGH SCHOOL

## JUNIOR GIRLS UNIFORM - 2010 (YEARS 7-10)

### STANDARD UNIFORM

- Cowra High School navy tartan skirt  
(with 2 inverted pleats at front & back)  
(diagram below - also see important note on back of page)
- White button through blouse, with collar
- Navy blue jumper with embroidered school crest
- Navy or white socks and/or navy stockings
- Black leather shoes with leather uppers (see note back of page)

### OPTIONS

- White polo shirt with school crest embroidered
- Navy blue tailored knee length,  $\frac{3}{4}$  length or full length pants (**not stretch knit or sports style**)
- Navy blue polar fleece top or hoodie with school crest
- Navy blue school tie (to be worn with button through shirt, top button done up & knot sitting at collar)
- School blazer (school supply available for loan when representing the school)
- Navy blue winter weight jacket (embroidery optional)

### SPORT - STANDARD UNIFORM (Wednesdays Only)

- CHS sports polo shirt
- Navy blue sports shorts or navy trackpants (**football shorts not permitted**)
- White socks
- Suitable sports shoes (**not Rabens**)

### OPTIONS - SPORT

- NSW and Western Area Representative items (achieved by the student)

### REPRESENTATIVE SPORT UNIFORM (see note on back of page)

- Navy football shorts with 2 gold stripes down sides
- CHS navy and gold wide stripe football socks
- Plain navy basketball or soccer shorts (optional)

## NOTE

- Skirts (Standard Uniform) are to be a set style and colour. The local material shops and uniform suppliers are aware of the correct navy tartan material for Cowra High School and can recommend a suitable pattern with 2 inverted pleats at front and back (eg Vogue Pattern 7308 or Kwik Sew Pattern 2581 – View A). Note that other styles./patterns such as knife pleat, A line or straight are **not** acceptable. The skirt should be no more than 15cm above the knee (ie not a mini skirt). The skirt can also be below the knee length if preferred. Some students may choose to have a longer length skirt for winter and a shorter length skirt for summer if they wish (most girls wear the above the knee length). Parents will need to organise for the skirt to be made, either privately or through the local material shops and uniform suppliers.
- Note that there is a separate Department of Education & Training and WorkCover policy regarding footwear and safety in practical activities. This applies to all forms of practical activity in the following areas - science laboratories, metal work and wood work rooms, art rooms, kitchens and agriculture areas. In accordance with this policy, students must wear safety footwear during all practical classes. Suitable footwear is identified as being of stout construction and with a solid sole. The uppers are to be made of leather including a leather tongue (no holes or mesh inserts). Footwear deemed to be unacceptable includes thongs, sandals, open weave shoes, canvas style joggers, Rabens, ballet style shoes and gym boots, shoes with open toes and/or heels, high heel shoes and platform shoes. Students who do not wear appropriate footwear will be excluded from the practical work and be required to do theory work.
- **No other colours are to be worn in the hoodie, polar fleece, shorts, tracksuit pants or jackets.**
- **No contrasting colours on any garment.**
- Sport uniform may only be worn on **Wednesdays** (this includes NSW & Western Area Representative items). Students should change into sports uniform for PE practical classes on other days of the week. May be worn home from school if student has PE practical class Period 5 only.
- Standard sport uniform required for most representative sports unless otherwise stated (decided by team coach).
- **Representative sport uniform eg football shorts & socks, are not part of the standard sport uniform and may not be worn to school. These items to be worn during competition games only.**
- Sunscreen, protective sunglasses and the wearing of a hat are strongly recommended. Students may wear any appropriate hat.
- Blazers will be available on loan from the school.
- The school crest can be embroidered onto uniform items by Cowra Trophies Engraving & Schoolwear, Mr Embroidery or Eagle One Embroidery.
- Jeans are not to be worn.
- Shoes are to be worn with socks/stockings at all times.
- Jewellery is to be kept to a minimum.
- All of the uniform items are available from Mr Embroidery & Cowra Trophies Engraving & Schoolwear. Items also available from Lillapanzi, Collins' Shoe Store, Sportspower & Bushman's Boots & All. Second hand uniform items are available from the school canteen.
- Families experiencing financial difficulties may apply to the school for assistance with the purchasing of uniform items.

# COWRA HIGH SCHOOL

## SENIOR BOYS UNIFORM - 2010 (YEARS 11-12)

### STANDARD UNIFORM

- Sky blue button through shirt, with collar
- Grey shorts or grey trousers (cotton or polyester material, not stretch knit or sports style)
- Navy blue jumper, with embroidered school crest
- Grey or white socks
- Black leather shoes with leather uppers (see note back of page)

### OPTIONS

- Sky blue polo shirt with Cowra High crest embroidered
- Navy blue polar fleece top or hoodie with school crest
- Navy school tie (to be worn with button through shirt, top button done up & knot sitting at collar)
- School blazer (school supply available for loan when representing the school)
- Navy blue winter weight jacket (embroidery optional)

### SPORT - STANDARD UNIFORM

- CHS sports polo shirt
- Navy blue sports shorts or navy blue trackpants (**football shorts not permitted**)
- White socks
- Suitable sports shoes (**not Rabens**)
- **NB** The wearing of the sports uniform on Wednesdays is optional for senior students

### OPTIONS - SPORT

- NSW and Western Area Representative items (achieved by the student)

### REPRESENTATIVE SPORT UNIFORM (see note on back of page)

- Navy football shorts with 2 gold stripes down sides (football codes only)
- CHS navy and gold wide stripe football socks
- Plain navy basketball or soccer shorts (optional)

## NOTE

- Note that there is a separate Department of Education & Training and WorkCover policy regarding footwear and safety in practical activities. This applies to all forms of practical activity in the following areas - science laboratories, metal work and wood work rooms, art rooms, kitchens and agriculture areas. In accordance with this policy, students must wear safety footwear during all practical classes. Suitable footwear is identified as being of stout construction and with a solid sole. The uppers are to be made of leather including a leather tongue (no holes or mesh inserts). Footwear deemed to be unacceptable includes thongs, Rabens, sandals, open weave shoes, canvas/nylon style joggers and gym boots, shoes with open toes and/or heels, high heel shoes and platform shoes. Students who do not wear appropriate footwear will be excluded from the practical work and be required to do theory work.
- **No other colours are to be worn in the hoodie, polar fleece, shorts, tracksuit pants or jackets.**
- **No contrasting colours on any garment.**
- Sports uniform may only be worn on **Wednesdays** (this includes CHS sports polo shirt & Western Area Representative items). Students should change into sports uniform for PE practical classes on other days of the week. May be worn home from school if student has PE practical class Period 5 only.
- Standard sport uniform, required for most representative sports unless otherwise stated (decided by coach).
- **Representative sport uniform eg football shorts & socks, are not part of the standard sport uniform and may not be worn to school. These items to be worn during competition games only.**
- Sunscreen, protective sunglasses and the wearing of a hat are strongly recommended. Students may wear any appropriate hat.
- Blazers will be available on loan from the school.
- The school crest can be embroidered onto uniform items by Cowra Trophies Engraving & Schoolwear, Mr Embroidery or Eagle One Embroidery.
- Jeans are not to be worn.
- Shoes are to be worn with socks at all times.
- Jewellery is to be kept to a minimum.
- Most uniform items are available from Mr Embroidery & Cowra Trophies Engraving & Schoolwear. Items also available from Collins' Shoe Store, Sportspower and Bushman's Boots & All. Second hand uniform items are available from the school canteen.
- Families experiencing financial difficulties may apply to the school for assistance with the purchasing of uniform items.

# COWRA HIGH SCHOOL

## SENIOR GIRLS UNIFORM - 2010 (YEARS 11-12)

### STANDARD UNIFORM

- Sky blue button through blouse, with collar
- Cowra High School navy tartan skirt (with 2 inverted pleats at front & back) (diagram below - also see important note on back of page)
- Navy blue jumper with embroidered school crest
- Navy or white socks and/or navy stockings
- Black leather shoes with leather uppers (see note back of page)

### OPTIONS

- Sky blue polo shirt with school crest embroidered
- Navy blue tailored knee length,  $\frac{3}{4}$  length or full length pants (**not stretch knit or sports style**)
- Navy polar fleece top or hoodie with school crest
- Navy school tie (to be worn with button through shirt, top button done up & knot sitting at collar)
- School blazer (school supply available for loan when representing the school)
- Navy blue winter weight jacket (embroidery optional)

### SPORT - STANDARD UNIFORM (Wednesdays Only)

- CHS sports polo shirt
- Navy blue sports shorts or navy trackpants (**football shorts not permitted**)
- White socks
- Suitable sports shoes (**not Rabens**)
- **NB** The wearing of sports uniform by senior students on Wednesdays is optional

### OPTIONS - SPORT

- NSW and Western Area Representative items (achieved by the student)

### REPRESENTATIVE SPORT UNIFORM (see not on back of page)

- Navy football shorts with 2 gold stripes down sides
- CHS navy and gold wide stripe football socks
- Plain navy basketball or soccer shorts (optional)

## NOTE

- Skirts (Standard Uniform) are to be a set style and colour. The local material shops and uniform suppliers are aware of the correct navy tartan material for Cowra High School and can recommend a suitable pattern with 2 inverted pleats at front and back (eg Vogue Pattern 7308 or Kwik Sew Pattern 2581 – View A). Note that other styles/patterns such as knife pleat, A line or straight are **not** acceptable. The skirt should be no more than 15cm above the knee (ie not a mini skirt). The skirt can also be below the knee length if preferred. Some students may choose to have a longer length skirt for winter and a shorter length skirt for summer if they wish (most girls wear the above the knee length). Parents will need to organise for the skirt to be made, either privately or through the local material shops and uniform suppliers.
- Note that there is a separate Department of Education & Training and WorkCover policy regarding footwear and safety in practical activities. This applies to all forms of practical activity in the following areas - science laboratories, metal work and wood work rooms, art rooms, kitchens and agriculture areas. In accordance with this policy, students must wear safety footwear during all practical classes. Suitable footwear is identified as being of stout construction and with a solid sole. The uppers are to be made of leather including leather tongue (no holes or mesh inserts). Footwear deemed to be unacceptable includes thongs, sandals, open weave shoes, canvas style joggers, ballet style shoes and Rabens gym boots, shoes with open toes and/or heels, high heel shoes and platform shoes. Students who do not wear appropriate footwear will be excluded from the practical work and be required to do theory work.
- **No other colours are to be worn in the hoodie, polar fleece, shorts, tracksuit pants or jackets.**
- **No contrasting colours on any garment**
- Sport uniform may only be worn on **Wednesdays** (this includes CHS sports polo shirt & Representative items). Students should change into sports uniform for PE practical classes on other days of the week. May be worn home from school if student has PE practical class Period 5 only.
- Standard sport uniform required for most representative sports unless otherwise stated (decided by team coach).
- **Representative sport uniform eg football shorts & socks, are not part of the standard sport uniform and may not be worn to school. These items to be worn during competition games only.**
- Sunscreen, protective sunglasses and the wearing of a hat are strongly recommended. Students may wear any appropriate hat.
- Blazers will be available on loan from the school.
- The school crest can be embroidered onto uniform items by Cowra Trophies Engraving & Schoolwear Service, Mr Embroidery or Eagle One Embroidery.
- Jeans are not to be worn.
- Shoes are to be worn with socks/stockings at all times.
- Jewellery is to be kept to a minimum.
- Most uniform items are available from Mr Embroidery & Cowra Trophies Engraving & Schoolwear. Items also available Lillapanzi, Collins' Shoe Store, Sportspower and Bushman's Boots & All. Second hand uniform items are available from the school canteen.
- Families experiencing financial difficulties may apply to the school for assistance with the purchasing of uniform items.